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Effects of soil and water conservation practices on soil physicochemical properties in Gumara watershed, Upper Blue Nile Basin, Ethiopia

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Abstract

Background: Soil erosion is among the foremost causes of declining soil resources in Ethiopia, which in turn affect agricultural productivity. To limit this problem, for the last two decades in Gumara watershed, soil and water conservation measures have been practiced through free labor community mass-mobilization. However, their effect on soil fertility has not been evaluated. This study investigated the impact of implemented soil and water conservation measures on fertility improvement in the Gumara watershed. Both composite and core soil samples were taken from upstream, midstream, and downstream adjacent conserved and non-conserved cultivated and grazing plots. Selected soil fertility indicators were analyzed using standard laboratory procedures.

Results: Soil and water conservation practices have resulted in a statistically significantly higher mean values of total nitrogen, exchangeable Na^+ and Mg^{2+} at $p < 0.01$, and of soil organic carbon and organic matter at $p < 0.05$ in the watershed. The clay content, soil reaction, cation exchange capacity, and exchangeable K^+ showed non-significant, but higher mean values in conserved plots. Furthermore, the effects of conservation practices on soil properties were found more effective in cultivated land uses as compared to that of grazing land uses. This is because conservation treatments had significant effects on organic carbon, total nitrogen, exchangeable Na^+ and Mg^{2+} in cultivated land uses but only on exchangeable Na^+ in grazing land uses. The interaction effect of treatments and land uses did not reach a statistically significant result for any of the soil properties considered in this study.

Conclusion: Conservation measures have important implications for improving soil fertility in the Gumara watershed. Therefore, proper guidance and follow-up, use of agro-forestry and grass strips, and maintenance are required for the watershed's sustainability and good soil conditions.

Keywords: Soil properties, Soil erosion, Soil and water conservation, Analysis of variance, Gumara watershed

Introduction

Land degradation and its related decline in the productivity potential of agricultural land are challenging the economic and social well-being of the current and future generations on earth (Keno and Suryabhagavan 2014; Haregeweyn et al. 2012). Soil erosion is the main cause of land degradation and a leading factor contributing to poor

agricultural development in developing countries (Gemechu 2016). Currently, soil resources are the main sources of livelihoods for most people of the world, such human exploitation being the foremost factor for soil degradation (Molla and Sisheber 2017). In developing countries, many people have been settled in the highlands due to favorable agricultural and ecological conditions, leading to high population densities and causing resource degradation (Haregeweyn et al. 2017; Nyssen et al. 2008).

Cultivation of marginal lands, forest degradation for farming, and overgrazing are the major causes of

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increasing vulnerability of agricultural land to soil erosion in Ethiopia (Adimassu et al. 2014). The slope steepness, long cultivation history with outdated technology, and overgrazing make soil erosion more severe in Ethiopia (Nyssen et al. 2004). It has been identified as a major threat to the national economy (Hurni 1993) and among the main challenges influencing the sustainability of agriculture (Molla and Sisheber 2017). As a result, two-thirds of the population of Ethiopia has been affected by soil erosion mainly associated with the conversion of forest to agricultural land (Hurni et al. 2015). This is indicated by a 0.4% increase in crop yields and a 5.7% increase in cultivated land from 1991 to 2003 (International Monetary Fund 2005). The net soil loss increased from 130 to 182 million metric tons from 1995 to 2005 (Environment for Development 2010).

As part of the Ethiopian highlands, the Upper Blue Nile Basin experiences high soil erosion rate (0–200 tons ha⁻¹ year⁻¹) (Haregeweyn et al. 2017) and 131 million tons of soil loss annually because of poor land use management systems (Betrie et al. 2011). The Gumara watershed is part of this basin that is affected by high soil erosion (Belayneh et al. 2019; Hurni et al. 2005) and among the highest mean runoff portion in the basin (Haregeweyn et al. 2016).

To solve this problem, soil and water conservation (SWC) practices were initiated in Ethiopia during the 1970s and 1980s (Adgo et al. 2013; Adimassu et al. 2014; Haregeweyn et al. 2015; Nyssen et al. 2008). The main intent of the initiatives was to minimize erosion, restore soil fertility, rehabilitate degraded land, and increase agricultural productivity (Mekuria et al. 2007). Conservation programs were reviewed in different phases by considering their success (Haregeweyn et al. 2012). Since the 1990s, the implementation of SWC measures has been an integral part of agricultural extension packages (Bewket and Sterk 2002). Community-based watershed management approaches and a nationwide 30-day public campaign (community mass-mobilisation) for watershed management have been implemented since 2009 (Haregeweyn et al. 2012).

However, programs were targeted on areas frequently affected by drought in the northern and northeastern parts of the country aiming at social protection but not so much at resource conservation (Haregeweyn et al. 2015; Mekuriaw et al. 2018). Active erosion and high annual runoff rates occur in the northwestern highlands of the country (Haregeweyn et al. 2017; Nyssen et al. 2004), which are characterized by high and erosive rainfall and poor land management (Nyssen et al. 2004).

The effectiveness of SWC measures was evaluated by several studies but most of them focused on the semi-arid northern part of the country (Haregeweyn et al.

2016; Nyssen et al. 2010). Few studies were conducted in the northwestern highlands (Haregeweyn et al. 2015). The efficiency and effectiveness of SWC measures is subject to both the prevailing agro-ecology and the type of conservation measures implemented (Haregeweyn et al. 2015). This indicates the need for local and agro-ecologically based evaluation of the impacts of SWC measures in high potential northwestern highlands.

On the other hand, there is no consent on the effectiveness of SWC interventions among the research findings reported so far (Dagneu et al. 2015). Some argue that SWC contributes for reduction in runoff and sediment loss (Mekuriaw 2017) and increased soil moisture conservation (Haregeweyn et al. 2015; Nyssen et al. 2010). On the other side, it is reported that SWC structures were not effective in reducing soil erosion (Bewket and Sterk 2002) and had not resulted in decreasing sediment concentrations (Temesgen et al. 2012). This indicates that there is a gap in the evaluation of the impacts of SWC interventions.

In the Gumara watershed like most northwestern highlands, different SWC structures were implemented by farmers through community mass-mobilization since 1995. However, soil erosion is still very high and a threatening problem for soil resource and agriculture (Belayneh et al. 2019). In the sub-humid northwestern highlands, little attention has been given to SWC interventions and little information is documented on effectiveness of SWC measures (Haregeweyn et al. 2015). Insufficient data on the effectiveness of SWC practices could lead to ineffective planning, progress, and realization of SWC initiatives.

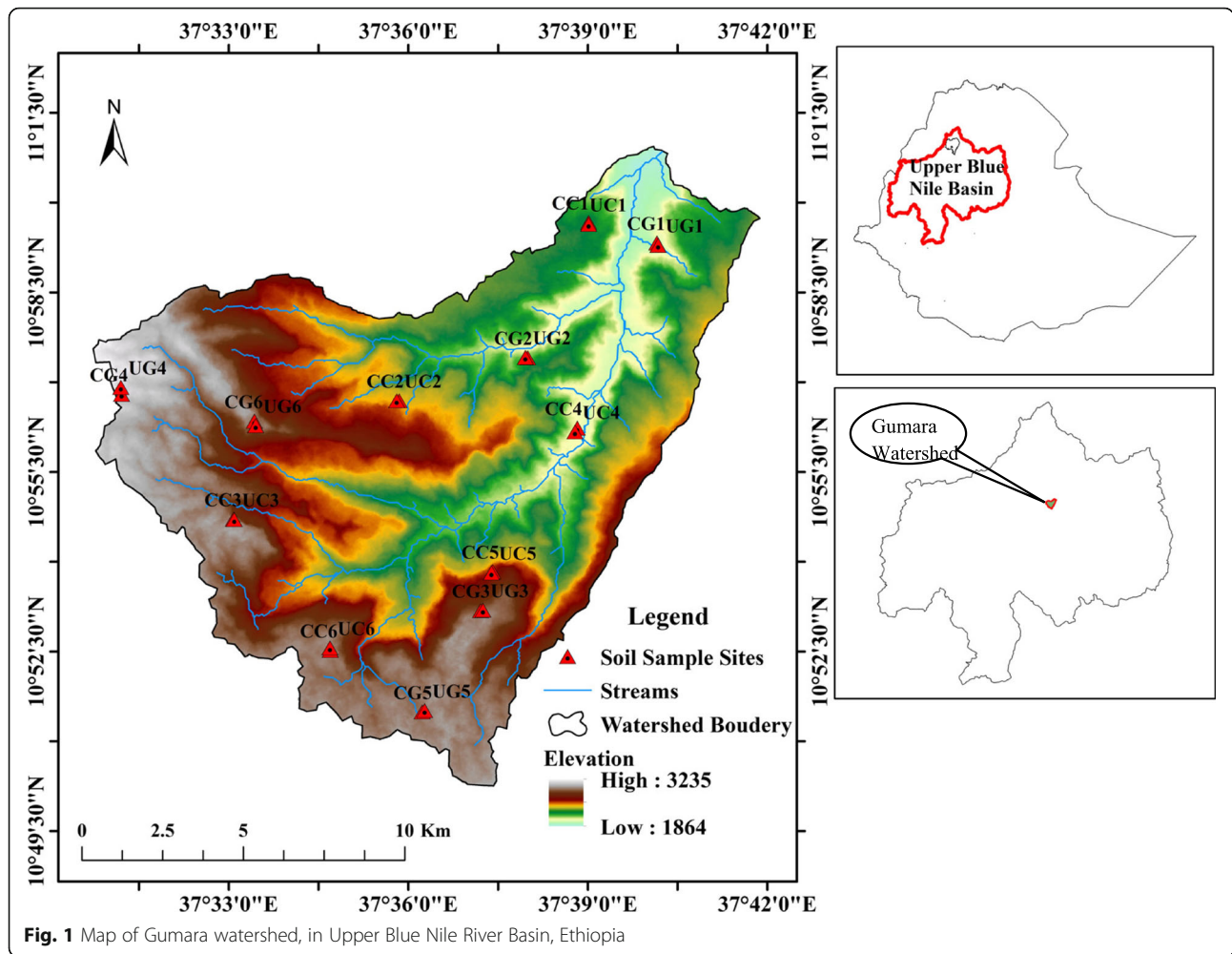
Hence, evaluating the impacts of SWC practices has been vital to learn lessons from its success and limitations of the initiative. In this regard, the objectives of the study were (1) to investigate the impact of implemented SWC measures on soil physicochemical properties in the watershed, and (2) to evaluate the effectiveness of SWC in improving soil fertility under different land uses (cultivated and grazing land) in sub-humid Gumara watershed.

Materials and methods

The study area

Gumara watershed (Fig. 1) is located in Dega Damot district,¹ West Gojjam Zone, Northwestern Ethiopia. It is among the headquarter streams of Blue Nile River (Abay river). It extends from 10° 50' 15" to 11° 0' 40" N and 37° 30' 40" to 37° 41' 22" E. The watershed covers a total area of 20,438 ha.

¹District: locally referred and roughly equivalent to "woreda," is the next lower level of administration in the current Ethiopian administration system.



Gumara watershed is part of the northern highland, dominated by the Oligo–Miocene volcanic trap basalt rock underlain by the early Tertiary volcanoes (Abbate et al. 2015). The watershed is characterized by diverse topographic conditions and its elevation ranges from 1864 to 3235 m above sea level.

According to the soil map of the watershed collected from Ministry of Water, Irrigation, and Energy, the soil of the watershed is characterized by haplic luvisols, haplic nitisols, and haplic alisoils (Ministry of Water Resources of Ethiopia (MoWR) 1998). Haplic alisoils is the dominant soil type in the watershed, covering an area of 90.67 km² followed by Haplic luvisols (70.8 km²). The watershed is characterized by high amount of rainfall, which received 2078.1 mm in a unimodal rainfall pattern (computed from 20 years national meteorology agency data of Feres Bet rainfall station). It experienced 16.6 °C mean annual temperature (Fig. 2). The watershed has *Dega* (tropical) and *Woina Dega* (sub-tropical) agro-ecologies, in which 71% of the watershed has highland tropical climate.

Cultivated land, forest land, grazing land, shrub/wood land, bare land, and built-up areas are the major land uses/covers in the watershed (Belayneh et al. 2019). Of which the cultivated land covers 58.09%. Subsistence agriculture, in the form of mixed crop and livestock system, is the main source of livelihood, accounting for ~ 90% of the households in the watershed.

The total population of the District for the years 1994, 2007, and 2017 were 130,939, 152,343, and 179,078 respectively (Central Statistical Agency of Ethiopia (CSA) 1994, 2007) and 2017 (Dega Damot District Administration office 2017), with an increase of 16.35% in 13 years (1994–2007) and 17.16% in 10 years (2007–2017).

Methods of data collection

The impacts of SWC measures were evaluated using adjacent conserved and non-conserved plots in the Gumara watershed. Sites having conserved and non-conserved plots adjacently were identified through reconnaissance survey and Google Earth image. For several reasons, some plots had not been conserved

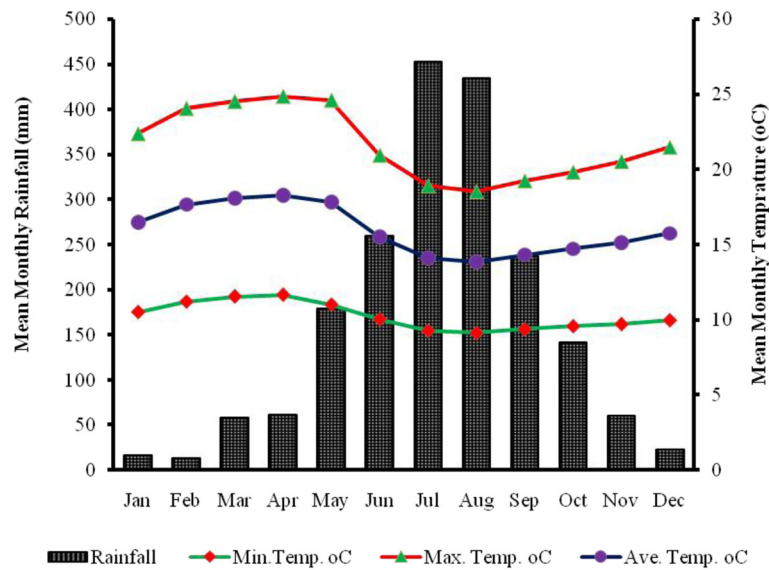


Fig. 2 Monthly average rainfall (mm) and temperature (maximum, minimum, and average) (°C) for the study area

adjacent to the conserved plots in different portions of the watershed. This was vital to make sample sites relatively similar in physical and environmental conditions for comparison and the variation could be due to SWC structures. Soil samples were collected using 15-cm depth auger and 294.375 cm³ core sampler at a depth of 0–30 cm. A total of 24 composite and core soil samples (two treatments [conserved and non-conserved plots] * two land uses * six replicates) were collected. Soil samples were collected from upstream, midstream, and downstream part of the watershed to make representative for the whole watershed. Soil samples from upper (0.5 m from the upper bund), middle (midpoint between two successive bunds), and lower (0.5 m from the lower bund) part of two successive bunds were composited for conserved soil samples to make it more representative, because upper, middle, and lower portion of the area between terraces may have different soil fertility. One kilogram composite soil was packed from each soil sampling site for laboratory analysis. Purposive sampling was applied to select adjacent conserved and non-conserved plots and to represent large area. Core samples were taken along with each composite sample. Samples from cultivated land were taken after crop harvest with similar crop land uses.

Direct field observation and key-informant interviews were conducted to support the laboratory result about the effectiveness of SWC practices. Direct field observation was conducted to see the current physical conditions of conservation structures, destructions, and maintenance. Key-informant interview was done with

experienced natural resources management unit authorities (five), developmental agents (three) and kebele² agricultural professionals (three), and 27 selected farmers (nine from each sample kebele) to collect supporting data about the effectiveness of conservation measures in the watershed. Sample farmers were selected from the three sample kebeles (among eight watershed kebeles) using simple random sampling. Sample households were selected through purposive sampling method by considering farmers understanding, participation in campaign work, and their involvement in different decision-making processes in the kebeles. The sex and age of farmers and their adoption level of SWC measures were also considered in the selection process.

Laboratory analysis

Composite soil samples were air-dried, grinded, and sieved to pass through a 2 mm sieve to make it ready for lab analysis. The soil laboratory analysis was done at Amhara National Regional State Agriculture Office, Debre Markos soil research and fertility improvement center. Selected soil fertility indicators such as soil texture, soil pH, bulk density, total nitrogen, organic carbon, available phosphorus, exchangeable bases, and cation exchange capacity were analyzed using standard laboratory procedures. For the analysis of total nitrogen and organic carbon content, the soil sample was further sieved by 0.5 mm sieve.

²Kebele: Is the lowest level of administration in the current Ethiopian government administration system.

The soil bulk density was determined by core sampler method described in Black et al. (1965). The determination of soil particle size proportions were carried out by hydrometer method suggested by Sakar and Haldar (2005). Following this, the determination of soil texture and textural classification were identified using equilateral triangle suggested by United States Department of Agriculture (USDA) and described by Osman (2013). Soil reaction (soil pH) was determined by a 1:2.5 soil: water ratio using a pH meter as described by Van Reeuwijk (2002). The soil organic carbon (SOC) concentration was determined by using Walkley and Black rapid titration method as described in Sakar and Haldar (2005). Soil organic matter (SOM) was determined by multiplying percent organic carbon by 1.724 (Jones 2001). Total nitrogen (TN) was determined by the modified Kjeldahl methods as modified by Sakar and Haldar (2005). The available phosphorus (av. P) content was determined using Olsen extraction method as described by Van Reeuwijk (2002). The exchangeable bases and CEC were determined by using ammonium acetate method (Sakar and Haldar 2005). Ca_2^+ and Mg_2^+ were determined by atomic absorption spectrophotometer; flame photometer method was used for determination of Na^+ and K^+ .

Statistical analysis

Mean and mean differences were used as a descriptive statistical analysis method. One-way ANOVA was used to test whether there is a significant difference in soil physicochemical properties between conserved and non-conserved plots. Two-way ANOVA was applied to test whether soil properties are affected significantly due to the interaction effect of land uses and SWC treatment. In addition, bivariate correlation analysis was used to show the relationships between soil physicochemical properties. The statistical analysis was manipulated using Statistical Package for Social Scientists [SPSS] version 20.

Results

The effects of SWC initiatives practiced through free labor communities' mass-mobilization on selected soil physicochemical properties (bulk density, soil texture, soil pH, total nitrogen, organic carbon, available phosphorus, cation exchange capacity (CEC), and exchangeable basis) were evaluated using mean differences and ANOVA. Furthermore, the assumptions of ANOVA were tested using Levene's test of homogeneity and Shapiro-Wilk test of normality (Table 1).

The test of normality for SOC, av. P, clay, and silt content of the soil were found significant, which indicates non-normal distribution ($p < 0.05$; Table 1). In this regard, Blanca et al. (2017) and Stevens (2007) reported

the robustness of F test for non-normally distributed data ($p < 0.05$). Therefore, the robust test of ANOVA result was used for dependent variables showing non-normally distributed data. The homogeneity of variance assumption of one-way ANOVA for TN was violated ($p < 0.05$) in the data collected from treated and untreated cultivated plots. In this case, the robust test (Welch) were used; as the Welch test is the best method for homogeneous but normal and balanced data to control type I error (Liu 2015; Stevens 2007).

The effect of soil and water conservation practices on soil physical properties

Soil particle size proportions (distributions)

The textural classes were identified using soil equilateral triangle recommended by USDA and described by Osman (2013). Accordingly, the mean particle size proportion showed that the soil was fine textured in conserved and non-conserved plots. The soil in the study area has been dominated by clay content experiencing a mean value of 67.8% and 60.5% in conserved and non-conserved soil respectively (Table 2), which implies that the mean value of clay content was higher under conserved plots. The mean sand fraction is the lowest proportion of soil particle content in the area. It was also indicated that the mean sand fraction was relatively lower in conserved plots. This might be attributed to the relative effect of SWC on soil erosion, which reduces the removal of top fine soil particles. On the contrary, higher sand content of the soil in non-conserved plots may be resulted due to removal of fine particles via soil erosion. A land that receives a high amount of rainfall and continuously cultivated without any conservation measure could allow free and easy removal of fine particles via rainfall runoff.

The silt content of the soil was higher in non-conserved plots against the conserved plots. However, the differences in the mean soil particle size distribution (sand, clay, and silt) among conserved and non-conserved plots were not statistically significant at $p < 0.05$ (Table 2).

Soil bulk density

The effect of SWC on the mean soil bulk density was found to be minimal and slightly lower values were observed in conserved plots. A relatively higher bulk density in non-conserved plots could be related with washing out of fine organic matter rich soils by erosion and thereby exposed slightly heavier soil particulates. The ANOVA result indicated that the variation in bulk density was not statistically significant following treatment ($p < 0.05$; Table 2).

Table 1 Test of normality and homogeneity of variance for soil physical and chemical properties in both land uses and per land use types

Soil properties	Both land uses (n = 24)		Cultivated land (n = 12)		Grazing land (n = 12)		
	Levene's (p)	Shapiro-Wilk (p)	Levene's (p)	Shapiro-Wilk (p)	Levene's (p)	Shapiro-Wilk (p)	
pH (H ₂ O)	.35 ^{ns}	.394 ^{ns}	.627 ^{ns}	.400 ^{ns}	.318 ^{ns}	.462 ^{ns}	
SOC (%)	.272 ^{ns}	.002*	.496 ^{ns}	.629 ^{ns}	.111 ^{ns}	.152 ^{ns}	
TN (%)	.172 ^{ns}	.098 ^{ns}	.019*	.419 ^{ns}	.143 ^{ns}	.941 ^{ns}	
Bulk density (g cm ⁻³)	.269 ^{ns}	.102 ^{ns}	.507 ^{ns}	.487 ^{ns}	.645 ^{ns}	.659 ^{ns}	
Sand (%)	.446 ^{ns}	.053 ^{ns}	.285 ^{ns}	.661 ^{ns}	.086 ^{ns}	.139 ^{ns}	
Clay (%)	.811 ^{ns}	.021*	.391 ^{ns}	.084 ^{ns}	.331 ^{ns}	.117 ^{ns}	
Silt (%)	.571 ^{ns}	.049 ^{ns}	.467 ^{ns}	.042*	.080 ^{ns}	.036*	
Av. P (ppm)	.433 ^{ns}	.014*	.468 ^{ns}	.605 ^{ns}	.972 ^{ns}	.517 ^{ns}	
CEC & Exch. cations [cmol(+) kg ⁻¹]	CEC	.608 ^{ns}	.091 ^{ns}	.919 ^{ns}	.391 ^{ns}	.425 ^{ns}	.219 ^{ns}
	Na ⁺	.091 ^{ns}	.808 ^{ns}	.475 ^{ns}	.987 ^{ns}	.104 ^{ns}	.770 ^{ns}
	K ⁺	.83 ^{ns}	.223 ^{ns}	.907 ^{ns}	.071 ^{ns}	.797 ^{ns}	.910 ^{ns}
	Ca ²⁺	.972 ^{ns}	.147 ^{ns}	.876 ^{ns}	.200 ^{ns}	.934 ^{ns}	.102 ^{ns}
	Mg ²⁺	.614 ^{ns}	.474 ^{ns}	.898 ^{ns}	.545 ^{ns}	.360 ^{ns}	.425 ^{ns}

Av. P available phosphorous, CEC cation exchange capacity, ns not significant at $p < 0.05$, n number of samples, P p value, SOC soil organic carbon, * significant at $p < 0.05$, TN total nitrogen

The effect of soil and water conservation practices on soil chemical properties

Soil reaction (soil pH)

The acidity level of the watershed in general was rated as medium acidic based on Osman (2013) acidity and alkalinity categories of soil pH. The mean pH of the soil in the study watershed was 5.77 and 5.66 in conserved and non-conserved land respectively (Table 3). The acidity of the soil could be related with its sub-humid nature of the area and high amount of rainfall. This is true that greater rainfall increases soil acidity and humid areas are more acidic than arid and semi-arid areas (Osman 2013).

Soil organic carbon (SOC) and soil organic matter (SOM)

The analysis of variance result for SOC and SOM showed a statistically significant mean difference following treatments ($p < 0.05$; Table 3). The mean organic carbon and organic matter content of the soil in

conserved plots were higher (SOC = 2.49%, SOM = 4.3%) than non-conserved plots (SOC = 1.66%, SOM = 2.83%). Besides, the mean soil organic carbon (SOC) content was rated low in conserved and very low in non-conserved plots according to the rating standard developed for tropical soils (Landon 2013). It could be explained by soil erosion, continuous cultivation, harvesting crop residues, and animal dung. The use of animal dung for fuel instead of manure may reduce the effectiveness of SWC practices in SOC concentration (Mengistu et al. 2016).

Total nitrogen

The total nitrogen (TN) content of the soil was significantly affected by SWC practices ($p < 0.01$; Table 3). TN content of the soil in Gumara watershed was rated medium and low in conserved and non-conserved plots respectively (Landon 2013). The mean total nitrogen of the soil was greater in conserved (0.27%) than non-conserved plots (0.138%).

Table 2 The mean and their significant variations (one-way ANOVA) of soil physical properties in conserved and non-conserved plots

Treatment		Soil particle size proportions			Soil texture	Soil textural class	Bulk density (g cm ⁻³)
		Sand (%)	Clay (%)	Silt (%)			
CL		7.83	67.8	24.3	Fine	Clay	1.250
	NCL	10.3	60.5	29.2	Fine	Clay	1.247
	F ratio	.864	1.914	1.258	Fine	Clay	.002
	p	.363 ^{ns}	.18 ^{ns}	.274 ^{ns}	-	-	.963 ^{ns}

CL conserved land, NCL non-conserved land, P p value, ns not significant at $p < 0.05$

Table 3 The mean and their significant variations (one-way ANOVA) of soil chemical properties in conserved and non-conserved plots

		pH (H ₂ O)	SOC (%)	SOM (%)	TN (%)	Av. P (ppm)	CEC and Exch. cations [cmol(+) kg ⁻¹]				
							CEC	Na ⁺	K ⁺	Ca ²⁺	Mg ²⁺
Treatment	CL	5.77	2.49	4.3	.270	6.96	33.6	.31	.52	19.3	8.68
	NCL	5.66	1.66	2.86	.138	7.9	31.9	.18	.46	21.4	5.87
	<i>F</i> ratio	.772	4.457	4.457	8.504	.353	.195	12.36	.361	4.25	9.515
	<i>p</i>	.389 ^{ns}	.046*	.046*	.008**	.558 ^{ns}	.663 ^{ns}	.002**	.554 ^{ns}	.521 ^{ns}	.005**

Av. P available phosphorous, CEC cation exchange capacity, CL conserved land, NCL non-conserved land, ns not significant at $p < 0.05$, *P* *p* value, SOC soil organic carbon, SOM soil organic matter; **, * significantly different at $p < 0.01$ and $p < 0.05$ respectively (two-tailed); TN total nitrogen

Available phosphorous

Available phosphorous of the soil was not significantly affected by conservation measures ($p > 0.05$). Its mean value was lower in conserved plots (6.96 ppm) as compared to non-conserved plots (7.9 ppm) (Table 3). The variations in the use of artificial fertilizer (diammonium phosphate) may be the reason for the prevailed variations in the soil. As compared to the requirements of crops that have been dominantly practiced in the area, the phosphorous content of the soil was questionable (4.1–8 ppm) and deficient (< 11 ppm) for low demand crops (such as cereals and maize) and high demand crops (such as potatoes, onions) respectively (Landon 2013).

Cation exchange capacity

According to the rating standards of Landon (2013), the cation exchange capacity (CEC) of the soil in Gumara watershed was rated as high (25–40 cmol(+) kg⁻¹) in both conserved and non-conserved plots. The study result revealed that SWC measures had a positive effect on the CEC content of the soil. The mean difference was higher in conserved plots (33.6 cmol(+) kg⁻¹) than non-conserved plots (31.9 cmol(+) kg⁻¹) (Table 3), but not statistically significant ($p > 0.05$). This is believed to be caused by the relative effect of conservation measures in the watershed.

Exchangeable cations (Na⁺, K⁺, Ca²⁺, and Mg²⁺)

The relative abundance of basic cations in the exchange complex was Na⁺ < K⁺ < Mg²⁺ < Ca²⁺ for both conserved and non-conserved soils. Exchangeable Ca²⁺ (19.3 cmol(+) kg⁻¹, 21.4 cmol(+) kg⁻¹) and Na⁺ (0.31 cmol(+) kg⁻¹, 0.18 cmol(+) kg⁻¹) constitutes the highest and lowest proportion in conserved and non-conserved plots respectively (Table 3). One-way analysis of variance result for exchangeable Na⁺ and Mg²⁺ showed a statistically significant difference ($p < 0.01$) between conserved and non-conserved plots. By contrast, the effect of conservation practices for exchangeable Ca²⁺ and K⁺ was not statistically significant ($p > 0.05$).

The effectiveness of conservation practices in different land uses

As shown in Table 4, the analysis of variance result for the mean differences of all soil particle size distributions was not significantly affected by conservation practices in both land uses ($p > 0.05$). However, mean differences were observed in cultivated and grazing land uses following treatments. The highest sand fraction was recorded from non-conserved cultivated land and lowest in conserved grazing land. The mean clay content of the soil was 65.67% and 62% in conserved and non-conserved cultivated plots.

The mean difference for bulk density was slightly higher in cultivated land, with higher mean values in the non-conserved than in the conserved land (Table 4). It was not the case for grazing land uses, in which conserved plots experience higher mean values than non-conserved plots. The ANOVA result indicated that the variation in bulk density was not statistically significant between the conserved and non-conserved lands for either cultivated or grazing land uses due to SWC treatment ($p > 0.05$; Table 4).

The influence of land use on the effect of conservation measures for the mean difference of soil pH was slight. Higher SOC concentration was observed in grazing land uses than in cultivated land uses. Our analysis result by land use revealed that the mean difference in SOC and SOM was higher and statistically significant ($p < 0.05$) between conserved and non-conserved cultivated land uses.

Higher TN content of the soil was observed in conserved grazing land uses (0.32%) followed by conserved cultivated land uses (0.219%) and non-conserved cultivated lands constitute the lowest (0.105%) (Table 5). The ANOVA result revealed a significant effect on effectiveness of conservation measures on cultivated plots at $p < 0.01$. Conversely, conservation measures did not show a statistically significant variation for SOM, SOC, and TN in grazing lands ($p < 0.05$).

The SWC treatments for available phosphorous were not significantly affected by land uses ($p > 0.05$). Instead, greater concentrations were observed in non-conserved (9.755 ppm) than in conserved cultivated land

Table 4 The effect of SWC practices on soil physical properties in different land uses (cultivated and grazing land)

		Soil particle size proportions			Soil texture	Soil textural class	Bulk density (g cm ⁻³)
		Sand (%)	Clay (%)	Silt (%)			
Cultivated land	CL	9.333	65.67	25	Fine	Clay	1.29
	NCL	11	62	27	Fine	Clay	1.318
	<i>F</i> ratio	.312	.258	.098	Fine	Clay	.846
	<i>p</i>	.589 ^{ns}	.623 ^{ns}	.76 ^{ns}	–	–	.379 ^{ns}
Grazing land	CL	6.33	70	23.7	Fine	Clay	1.21
	NCL	9.67	59	31.3	Fine	Clay	1.18
	<i>F</i> ratio	.509	1.76	1.509	Fine	Clay	.122
	<i>p</i>	.492 ^{ns}	.214 ^{ns}	.247 ^{ns}	–	–	.734 ^{ns}

CL conserved land, NCL non-conserved land, *P* *p* value, *ns* not significant at *p* < 0.05

(7.78 ppm) (Table 5). Grazing land uses revealed very small mean difference for available phosphorous following SWC treatments. The use of inorganic fertilizer (diammonium phosphate) to enhance crop production in cultivated land could probably increase av. P concentrations in cultivated plots.

The CEC content of the soil in conserved and non-conserved land uses revealed 31.97 cmol(+) kg⁻¹, 35.3 cmol(+) kg⁻¹ in cultivated land and 29.56 cmol(+) kg⁻¹, 34.3 cmol(+) kg⁻¹ in grazing land respectively (Table 5). The influence of conservation structures on CEC was not determined by land uses and the mean difference was not statistically significant for both land uses. However, the impact of SWC has been better in cultivated land uses as compared to grazing land uses. The effect of SWC in cultivated and grazing land uses showed a statistically significant difference in exchangeable Na⁺ for both land uses (*p* < 0.05) and exchangeable Mg²⁺ only in cultivated land use (*p* < 0.01).

A two-way between groups analysis of variance was conducted to explore the impact of SWC treatment and

land use types on soil fertility variation. The result showed a statistically significant main effect for SWC treatment on SOC, SOM at *p* < 0.05, and TN, Na⁺, and Mg²⁺ at *p* < 0.01. The main effect for land uses was statistically significant only for SOC, SOM, and bulk density at *p* < 0.05. However, the interaction effect of SWC treatment and land uses did not show a statistically significant mean difference for any of the selected soil fertility indicators (*p* < 0.05; Table 6).

The interrelationship among soil physicochemical properties

The simple linear correlation (Pearson) results revealed the strength and magnitude of relationship among physicochemical properties. The pH of the soil showed a positive significant relationship with SOM (0.673**), TN (0.628**), CEC (0.619**), and all exchangeable bases except magnesium (Table 7). It also showed significantly negative relationship with BD (-0.426*). The correlation matrix further revealed a positive very strong significant relationship (0.959**) between TN and SOM and strong

Table 5 The effect of SWC practices on soil chemical properties in different land uses (cultivated and grazing land)

		pH (H ₂ O)	SOC (%)	SOM (%)	TN (%)	Av. P (ppm)	CEC and Exch. cations [cmol(+) kg ⁻¹]				
							CEC	Na ⁺	K ⁺	Ca ²⁺	Mg ²⁺
Cultivated land	CL	5.712	2.027	3.494	.219	7.778	31.97	.305	.562	17.13	8.817
	NCL	5.6	1.248	2.152	.105	9.755	29.56	.178	.463	19.1	5.25
	<i>F</i> ratio	.316	11.577	11.577	12.607	.474	.301	5.346	.545	.223	14.101
	<i>p</i>	.586 ^{ns}	.007**	.007**	.005**	.507 ^{ns}	.595 ^{ns}	.043*	.477 ^{ns}	.647 ^{ns}	.004**
Grazing land	CL	5.82	2.96	5.1	.320	6.13	35.3	.32	.47	21.4	8.55
	NCL	5.72	2.07	3.56	.172	6.05	34.3	.18	.47	23.7	6.48
	<i>F</i> ratio	.461	1.647	1.647	3.408	.006	.021	5.93	.003	.205	1.638
	<i>p</i>	.512 ^{ns}	.228 ^{ns}	.228 ^{ns}	.095 ^{ns}	.941 ^{ns}	.886 ^{ns}	.035*	.958 ^{ns}	.66 ^{ns}	.229 ^{ns}

Av. P available phosphorous, CEC cation exchange capacity, CL conserved land, NCL non-conserved land, *ns* not significant at *p* < 0.05, *P* *p* value, SOC soil organic carbon, SOM soil organic matter; **, * significantly different at *p* < 0.01 and *p* < 0.05 respectively (two-tailed); TN total nitrogen

Table 6 The two-way ANOVA result showing the interacton effect of land uses and SWC treatment on soil physicochemical properties

		pH (H ₂ O)	SOC (%)	SOM (%)	TN (%)	BD (g cm ⁻³)	Sand (%)	Clay (%)	Silt (%)	Av. P (ppm)	CEC and Exch. cations [cmol(+) kg ⁻¹]				
											CEC	Na ⁺	K ⁺	Ca ²⁺	Mg ²⁺
SWCT	F ratio	.73	5.21	5.21	9.24	.002	.81	1.78	1.17	.38	.19	11.28	.34	.42	9.04
	P	.4 ^{ns}	.03*	.03*	.006**	.96 ^{ns}	.38 ^{ns}	.2 ^{ns}	.29 ^{ns}	.55 ^{ns}	.67 ^{ns}	.003**	.57 ^{ns}	.52 ^{ns}	.007**
LU	F ratio	.88	5.7	5.7	3.76	4.88	.61	.06	.11	3.02	1.09	.02	.24	1.86	.27
	P	.36 ^{ns}	.027*	.027*	.07 ^{ns}	.04*	.44 ^{ns}	.91 ^{ns}	.74 ^{ns}	.1 ^{ns}	.31 ^{ns}	.87 ^{ns}	.63 ^{ns}	.19 ^{ns}	.61 ^{ns}
SWCT*LU	F ratio	.002	.02	.02	.15	.38	.09	.45	.4	.45	.04	.04	.26	.002	.64
	P	.96 ^{ns}	.88 ^{ns}	.88 ^{ns}	.71 ^{ns}	.55 ^{ns}	.77 ^{ns}	.51 ^{ns}	.53 ^{ns}	.51 ^{ns}	.85 ^{ns}	.84 ^{ns}	.62 ^{ns}	.97 ^{ns}	.43 ^{ns}

Av. P available phosphorous, BD bulk density, CEC cation exchange capacity, LU land use, ns not significant at $p < 0.05$, P p value, SOC soil organic carbon, SOM soil organic matter; **, * significantly different at $p < 0.01$ and $p < 0.05$ respectively (two-tailed); SWCT soil and water conservation treatment, TN total nitrogen

positive significant correlation (0.7**, 0.783**, 0.734**) with CEC, exchangeable Na⁺, and Mg²⁺ content.

Similarly, bulk density showed strong negative significant relationship (-0.702**, -0.756**, -0.747**) with OM, CEC, and exchangeable Ca²⁺ content of the soil respectively. However, available phosphorous showed no regular trends and weakly varied with other soil physicochemical properties in Gumara watershed (Table 7).

Discussion

The impact of soil and water conservation practices on soil properties

SWC measures implemented in the Gumara watershed have improved the soil condition as a result of reduction in runoff and sediment transport. This is

indicated by the significant variations in soil physicochemical properties between conserved and non-conserved plots. SWC structures decreased the slope length and steepness and consequently led to better infiltration, slow movement, and less accumulation of runoff. As a result, the removal of soil particles, crop residues, and other organic components can be limited, which improves the soil condition as compared to the non-conserved soils.

The particle size proportion of the soil was fine textured in both conserved and non-conserved soils. The soil of the watershed was dominated by clay content indicating relatively higher mean value in conserved plots. Similarly, Mengistu et al. (2016) reported higher mean clay content in the conserved Minchit than in non-conserved Zikire sub-watershed. Higher soil erosion, removal of fine materials, clay contents, and organic

Table 7 The relationship (Pearson’s product movement coefficient of correlation) between soil physicochemical properties

Soil properties		pH (H ₂ O)	SOC (%)	SOM (%)	TN (%)	BD (g cm ⁻³)	Sand (%)	Clay (%)	Silt (%)	Av. P (ppm)	CEC and Exch. cations [cmol(+) kg ⁻¹]					
											CEC	Na ⁺	K ⁺	Ca ²⁺	Mg ²⁺	
pH (H ₂ O)		1														
SOC (%)		.673**	1													
SOM (%)		.673**	1.000**	1												
TN (%)		.628**	.959**	.959**	1											
BD (g cm ⁻³)		-.426*	-.702**	-.702**	-.661**	1										
Sand (%)		-.248	-.403	-.403	-.481*	.598**	1									
Clay (%)		.230	.354	.354	.461*	-.417*	-.608**	1								
Silt (%)		-.133	-.192	-.192	-.277	.150	.140	-.871**	1							
Av. P (ppm)		.232	-.221	-.221	-.227	.212	.029	.102	-.145	1						
CEC & Exch. cations [cmol(+) kg ⁻¹]	CEC	.619**	.765**	.765**	.699**	-.756**	-.425*	.339	-.160	.083	1					
	Na ⁺	.640**	.756**	.756**	.783**	-.496*	-.504*	.463*	-.266	.093	.763**	1				
	K ⁺	.188	.115	.115	.082	-.228	-.257	-.130	.321	-.053	.232	.331	1			
	Ca ²⁺	.669**	.641**	.641**	.553**	-.747**	-.428*	.261	-.061	.183	.931**	.621**	.179	1		
	Mg ²⁺	.505*	.741**	.741**	.734**	-.501*	-.304	.295	-.180	-.073	.768**	.807**	.380	.529**	1	

Av. P available phosphorous, BD bulk density, CEC cation exchange capacity, SOC soil organic carbon, SOM soil organic matter; **, * the correlation is significant at $p < 0.01$ and $p < 0.05$ respectively (two-tailed); TN total nitrogen

matter could be possible reasons for relatively lower clay content in non-conserved plots.

Clay contents are fine particulates and more vulnerable to be washed out by erosion unless treated with SWC measures (Hishe et al. 2017; Selassie et al. 2015). A clay soil has an inherent advantage of good water and nutrient holding capacity and low level of leaching (Osman 2013). This nature of the soil helps the area to be more productive, even though it has been influenced by high soil erosion, continuous cultivation, and other natural and manmade influences. However, significant variation was not observed between conserved and non-conserved plots. This might be related with the prevailing parent materials and its inherent properties; such nature of the soil determines the texture of a soil, even if erosion, deposition, and other human activities may modify (Osman 2013).

SWC practices affected the bulk density of the soil in Gumara watershed. A relatively higher bulk density in non-conserved plots could be related with washing out of fine organic matter-rich soils by erosion and thereby exposing slightly heavier soil particles. On the other side, several potential causes may explain lower bulk density in conserved plots such as lesser effects of soil erosion (SWC structures as a barrier) and relatively higher SOM content resulted from accumulation of crop residues decay, plant leaves' decay, and less vulnerability for easy removal of this components. The study finding was consistent with the results reported by Hishe et al. (2017) and Hailu et al. (2012) for Middle Silluh valley, northern Ethiopia, and Goromti watershed western Ethiopia respectively. On the other hand, Challa et al. (2016), Husen et al. (2017), and Selassie et al. (2015) reported a statistically significantly lower bulk density in conserved plots than in non-conserved plots.

Soil pH showed slightly higher mean values in conserved plots. Relatively higher soil acidity in non-conserved plots may be related with high rainfall, associated with leaching and removal of important soil nutrients. Amare et al. (2013) and Osman (2013) explained that high amount of rain water leaches soluble bases and consequently contributes to soil acidity. Similarly, long-term cropping, high rainfall, topographic steepness, and the application of inorganic fertilizer could probably increase soil acidity (Selassie et al. 2015). The analysis of variance result show that soil pH was not statistically significantly affected by conservation practices (Table 3). Similar results were reported by Challa et al. (2016) and Husen et al. (2017) in the central highland of Ethiopia.

The effect of conservation measures on SOC, SOM, and TN has been significant in the watershed. This coincides with Challa et al. (2016), Hailu et al. (2012), Hishe et al. (2017), Selassie et al. (2015), and Sinore et al. (2018), who reported statistically significantly higher SOC in terraced landscapes. It could be mainly related

with conservation structures and biomass accumulation (Selassie et al. 2015). Soils exposed for severe erosion has been more vulnerable to decomposition of SOC than slightly eroded soils (Abegaz et al. 2016). This implies that non-conserved soils are more vulnerable to erosion and most likely to have low SOC concentration as compared to conserved soils.

As a result, supporting SWC structures by agro-forestry practice has been suggested for better carbon sequestration in the soil (Abegaz et al. 2016; Degefu et al. 2011). Similarly, supporting terracing with susbania and elephant grasses could result in high SOC and SOM due to high biomass return, which contributes to symbiotic fixation and soil erosion reduction (Sinore et al. 2018). However, we identified during on-site observation that as an agro-forestry and gully rehabilitation system, eucalyptus tree plantations were predominantly used to limit soil erosion and other related benefits in the study watershed. However, it was reported that the use of eucalyptus tree limits undergrowth and its contribution for SWC has been poor (Fikreyesus et al. 2011) and it is highly nutrient and water consuming species (Wolancho 2015). Hence, there is a need to recommend other better alternative tree plantations in the area.

The variation is primarily explained by conservation effects on soil erosion, because soil bund reduces loss of fine soil particles and residues (Husen et al. 2017; Mengistu et al. 2016; Selassie et al. 2015; Sinore et al. 2018). This process further improves the concentration of SOM and SOC which consequently leads to increase TN in the soil. The result was consistent with Challa et al. (2016), Hailu et al. (2012), Husen et al. (2017), Selassie et al. (2015), and Sinore et al. (2018), who stated that conserved plots resulted in significantly higher TN content. On the other side, the result did not agree with the findings of Hishe et al. (2017) who reported statistically non-significant difference in plots following treatments.

The available phosphorous content of the soil between conserved and non-conserved plots did not have consistent pattern with conservation measures. The application of diammonium phosphate (DAP) may be the reason for its indistinguishable availability in the soil. This result coincides with the result reported by Hishe et al. (2017) for Middle Silluh valley, Northern Ethiopia. Hailu et al. (2012) did not find a statistically significant difference between treated and non-treated fields. Our result was not in agreement with Mengistu et al. (2016) and Selassie et al. (2015) who observed insignificant but higher available phosphorous concentration in conserved soils.

The concentration of av. P in the soil in Gumara watershed was deficient. This could be explained by different factors; the medium acidity nature of the soil and soil erosion through runoff may contribute to its limited availability in the soil. The limited availability of

phosphorous in the soil may limit the growth and productivity of plants in the area. Phosphorous in the soil is highly required by plants and may cause slow growth when its concentration is very low (Hishe et al. 2017).

The CEC and exchangeable basis content of the soil in the watershed was rated as high. This might be due to the inherent characteristics of the soil because fine textured soils have more exchangeable basis (Osman 2013). Soils having high clay and SOM content have strong probability to hold positively charged ions and consequently hold high CEC concentration (Selassie et al. 2015; Sinore et al. 2018). Conservation measures caused a relatively higher CEC and cation exchange capacity in conserved soils than in non-conserved but the difference did not show statistical significance. Different researchers reported that the effect of SWC measures showed non-significant difference in the CEC content of the soil (such as Hailu et al. 2012; Hishe et al. 2017). On the other hand, the findings of Challa et al. (2016), Mengistu et al. (2016), and Selassie et al. (2015) reported significantly higher CEC contents in conserved soil.

The variation among research reports may be attributed to the level of effectiveness of SWC measures due to variations in conservation types, proper construction, and maintenance. Sinore et al. (2018) reported a significantly higher CEC and exchangeable bases in a soil treated with susbania and elephant grasses than in controlled soil. Supporting terracing with such plants/grasses strengthens the bund, generate high biomass, and increases OM and better control of erosion, consequently increases CEC in the soil.

The effectiveness of soil and water conservation measures in different land uses

The effect of conservation measures found to be different in grazing and cultivated land uses. This is indicated by a significant variation in SOC, SOM, TN, exchangeable Na^+ and Mg^{2+} in conserved and non-conserved cultivated land uses and only exchangeable Na^+ in grazing land uses. The highest sand fraction was recorded from non-conserved cultivated land and lowest in conserved grazing land. Similarly, Hishe et al. (2017) reported greater sand content in non-terraced farm land. The effect of conservation measures caused greater mean variation of clay content in grazing land uses than in cultivated land uses. The highest (31.3%) and lowest (23.7%) silt content was observed in non-conserved and conserved grazing land uses, respectively (Table 4). This result did not agree with the findings of Hishe et al. (2017) who reported that lowest silt content was recorded in non-terraced cultivated land uses.

A relatively lower bulk density, higher SOC, SOM, and total nitrogen were observed in conserved cultivated

land than in grazing land uses as compared to their counterpart. Higher SOC concentration was observed in grazing land uses than in cultivated land uses. Abegaz et al. (2016) explained that higher concentration of SOC was observed in cultivated land which makes this land uses to loss SOM more quickly than grazing land uses. The effect of SWC measures has reduced the removal of soil particles, residues, and other organic matter. On the other hand, non-conserved soils are exposed to greater removal of these components that may lead to relatively better effectiveness of conservation measures in cultivated land uses.

The analysis result showed that the effectiveness of SWC was better and significant (for some soil fertility indicators) in cultivated land than in grazing land. This might be related with high removal of fine nutrient-rich soil particles due to soil erosion in cultivated land (Belayneh et al. 2019) and conservation structures reduced soil loss in conserved plots. The key informant interview indicated that little or no attention was given for maintenance of conservation structures mainly in grazing land. This is due to communal ownership of most of the grazing land uses and waiting for any community mass-mobilization. On the other hand, the destruction of conservation structures was very high due to year-round open grazing. The result was supported by Wolancho (2015), who stated that controlling SWC measures in communal grazing lands was poor and its effect was minimal.

Some limitations of the SWC practices affecting its effectiveness

The effect of SWC showed important implications in reducing soil erosion, improving soil conditions, and thereby land rehabilitation. However, significant results were observed only in some soil fertility indicators. The construction, follow-up, and maintenance could be possible causes for limited effectiveness among others. In this regard, the key informant interview result indicated that the construction of physical structures has not been mostly following the recommended terrace dimensions. During data collection period, researchers also observed over flow of runoff, filled with sediments and damaged SWC structures.

The key informants indicated that so far, the construction of most of the physical structures has been constructed targeted reporting number of hectares covered by SWC works through community mobilization. The recommended and scientific standards have not been given due attention. This result was confirmed by Bekele et al. (2018) who stated that the spaces between successive graded bunds were somewhat wider than the recommended standards mainly due to lack of technical assistance in bund design and layout. Such conditions

more likely increase erosion risk on the cropland due to the large amount of runoff accumulation in bund ditches (Molla and Sisheber 2017). Several problems were reported by Wolancho (2015) concerning the community mobilization campaign work such as poor foundations in stone bunds, poorly designed mounding, and compacting embankments in *fanya juus* and spacing between soil bunds. Little technical support makes SWC ineffective (Wolancho 2015).

The maintenance of SWC structures has been given little attention. The work of maintenance was entirely left for farmers after construction by community mass-mobilization and its maintenance depends on individual farmers' willingness. Some farmers maintain when damage occurred mainly in the sowing time. Our field observations also confirmed that conservation structures were filled with sediments without any maintenance and may not detain any more sediment and runoff. Most of the existing structures were demolished mainly related with high intensity of rainfall, sediment overload, and vulnerability to livestock damage (Molla and Sisheber 2017; Wolancho 2015). As a result, frequent removal of sediments and other maintenance is required (Wolancho 2015). This situation could probably limit the effectiveness of SWC structures for only some soil properties and did not result in significant variations in mean values for soil particle size distribution, bulk density, pH, CEC, and available phosphorus in the Gumara watershed.

The correlation between soil properties

The correlation matrix implies that most of the soil physical and chemical properties vary together. Soil pH had a positive significant relationship with SOM, TN, CEC, exchangeable Na^+ , K^+ , and Ca^{2+} . This indicated that many of the soil properties vary together with soil pH and it determines the availability of other physicochemical properties of the soil and vice versa. The presence of high organic matter, CEC, and basic cations improved the pH of the soil (Sinore et al. 2018). Moderately significant negative relationships were also observed between bulk density and TN, clay content, and basic cations except Ca^{2+} . This could be due to the availability of high organic matter and fine soil particles in the soil (Hishe et al. 2017; Sinore et al. 2018).

Principally, the availability of SOM, SOC, TN, CEC, and basic cations showed strong relationship. With respect to this, the implementation of SWC improved most of these soil properties significantly (such as SOC, SOM, TN, and some cations) in this study and other studies (Challa et al. 2016; Hishe et al. 2017; Sinore et al. 2018; Mengistu et al. 2016; Selassie et al. 2015). Therefore, it gives an important lesson that the improvement

in SOM, CEC, and clay content can also indirectly influence other properties and rehabilitates the soil to be healthier through its aggregate effect.

Conclusion

SWC practices have been an important means to reverse the degraded land and limit further damages to the land resources. They have been a tool for the communities to care for their local environment. This study evaluated the effects of SWC practices in improving soil physico-chemical properties in Gumara watershed. In this regard, the study revealed that SWC resulted in improvement in soil nutrient content in Gumara watershed. Soil organic matter, soil organic carbon, total nitrogen, and exchangeable Na^+ and Mg^{2+} showed significantly higher mean values in conserved land as compared to non-conserved land. Furthermore, the mean values of soil pH, bulk density, clay content, cation exchange capacity, and exchangeable Ca^{2+} were better following conserved plots than non-conserved plots, even if the difference was not statistically significant.

Our results also showed that the effectiveness of SWC measures was better in cultivated land than in grazing land. This could be mainly related with poor management and maintenance of conservation structures in grazing land, year-round open grazing with little attention for treatments. SWC practices are effective ways in minimizing soil erosion and improving soil fertility mainly in cultivated lands. However, in general, the issue of continuity (spatial and temporal), maintenance, and reconstruction of structures has been given little attention, which is among the main challenges for limited effect of SWC practices in the watershed.

As a result, regular community mobilization for conservation, assistance, maintenance, and reconstruction of demolished structures needs better attention from the concerned stakeholders, mainly the local government. Since conservation structures were constructed through community mass-mobilization in a campaign form, some individual farmers have been reluctant to retain and maintain structures for long. In addition, supporting SWC structures with grasses and trees is very important for strengthening their effectiveness in improving soil fertility and decrease soil erosion in the watershed.

Abbreviations

ANOVA: Analysis of variance; CSA: Central statistical authority; SPSS: Statistical Packages for Social Scientists; SWC: Soil and water conservation

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Authors' contributions

MB has made significant contribution in conception and designing of the study, soil sample collection, analysis, and interpretation; TY and DT have contributed in designing the study, interpretation of results and editing, commenting and suggesting ideas in the manuscript preparation process. Finally, all authors read and approved the final manuscript for publication.

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